



**Hudd Fest – Thursday 11 July 8.45am – 12 midday**

Please find below for a list of enrichment you can choose from at Hudd Fest! Please note that you can choose a maximum of two sessions and availability is strictly on a first come first served basis. Please also be aware that enrichment is subject to change each year, so we cannot guarantee that all enrichments will be available from the start of our programme in the new academic year.

The table below illustrates which each enrichment is available in. When you make your booking you will need to select the relevant session in each block on the booking system.

Enrichment	Block 1	Block 2	Block 3	Block 4
3D Animation- try your hand at some techniques and use our computers to create your own animation		Yes	Yes	
5-a-side Football - join us for a game of football, and chat to us about how we will help you to stay fit and healthy	Yes	Yes	Yes	
Accessible Astronomy - have an interest in space? Join us to learn more - no extensive knowledge of science required!	Yes		Yes	
An introduction to D of E - join us to learn about of DofE programme, and how it will help you to become your best self	Yes	Yes	Yes	Yes
An introduction to massaging techniques. Come and explore how massage can boost mood and is a great stress reliever		Yes	Yes	
Badminton - join us for a game of badminton and check out how all students can access our sports family	Yes		Yes	Yes
Basketball - come and get competitive with a game	Yes		Yes	
Beginner's knitting - learn the basic steps of knitting including cast on and purl. Great to improve dexterity!	Yes		Yes	
Boxing - come and learn some techniques	Yes			Yes
Bridge building activity. Come and put your skills to the test in this great teambuilding exercise	Yes	Yes		
Britain's biggest killers - take a look at some of the most high profile crimes, and discuss the psychology of these	Yes		Yes	
British Sign Language - a beginners guide to signing	Yes			Yes
Card club - card games based on trumps leading to Bridge		Yes	Yes	

Chess - know your king from your queen? Pit your skills against our chess masters		Yes	Yes	
Cold Case Conversations -working with a cold case file, you'll employ a range of investigative and leadership skills to solve the clues and find the killer.			Yes	Yes
Creative writing workshop - learn how you can express yourself through a piece of creative writing	Yes			Yes
Cricket - join us for a quick game		Yes	Yes	Yes
Critical Thinking Games (Lost at Sea) Come and play Lost at Sea. Who will survive the deserted island?	Yes	Yes		
Crochet for beginners- learn the basic techniques including magic circles and chains and complete a small piece to take away	Yes	Yes		
Debating Club - can you present a persuasive argument?	Yes	Yes	Yes	Yes
Developing a brand - how can you present your best self?	Yes	Yes		
Dissection - open to all. Come and learn some basic techniques, and dissect an item	Yes	Yes	Yes	
Fall in love with fiction Get some fresh ideas on good books to read. You will have the chance to browse different book choices and talk about your reading interests			Yes	Yes
Feminist Society - learn how this group raises awareness of gender inequality, and celebrates the achievement of women	Yes			Yes
Games club - play a range of retro games including Connect4 and meet friends old and new	Yes		Yes	
General Election Analysis - a new government will be in power. What does this mean for you, and was the right decision taken?		Yes		Yes
Healthy eating, happy mind. Come and explore how a balanced diet can support your wellbeing	Yes	Yes		
History conspiracies - how have historical events shaped the conspiracies we still discuss today?		Yes		Yes
History of popular music - join us to explore and discuss how music from across the decades influences the music of today	Yes	Yes		
Hits from the musicals - take a look at how you can be part of the HNC musical, and take part in performing some classics	Yes			Yes
Illustration - come along and discover how you can develop a range of illustrative techniques	Yes			Yes
Introduction to Cabin Crew - take to the skies and find out about how you can gain a qualification and new skills			Yes	Yes
Karate. Join our introductory session	Yes		Yes	
Learn how to juggle. Anyone can juggle - find out why!	Yes			
Meditation - learn how meditation can support your wellbeing and manage stress	Yes	Yes		
Mindful Colouring. Mindful colouring is about bringing our awareness into the present moment by consciously focusing on colour and design.		Yes		Yes

Mindfulness. Discover techniques that help you to relax the body and mind	Yes	Yes		
Mindset Meditation - learn how having the right mindset can support your wellbeing and manage stress	Yes	Yes	Yes	
Mock Trial - come and undertake a role at our trial, where you could be a witness, defendant, judge, jury or lawyer.	Yes		Yes	
Newsround. Take a look at some of the latest news stories of your choice from local to around the world and debate your views	Yes	Yes		
Origami for beginners - an introduction to the Japanese art of paper folding. It's a relaxing way to spend time and refocus, which can be stress relieving.	Yes	Yes		
Photomontage. Make a collage using pictures, either printed out or on a computer, to create a new, unique picture - tell a story in ways that wouldn't be possible in any other way!	Yes	Yes		
Poly art in Photoshop. Join us to learn how to create awesome art using Photoshop	Yes	Yes		
Popular culture debates. Having an understanding of popular culture helps you to develop. Let's debate about some controversial popular culture ideas.			Yes	Yes
Psychology origami Make some origami models of neurological structures including the brain and a neuron		Yes		Yes
Sewing. Join us to make your own creations, and learn a range of sewing techniques		Yes	Yes	
Shakespearean insult-off. Like a dance-off but instead of throwing moves, we'll be throwing insults. Get thee to a nunnery!		Yes	Yes	
Silent Book Club. In this cosy session, you have the opportunity to enjoy 20 mins of uninterrupted reading followed by a quick discussion and review of the book with your peers. Bring your own reading!		Yes	Yes	
Songwriting - join us to get creative, and write your own song		Yes	Yes	
Strength and conditioning. How can sports science enhance your quality of movement through a variety of techniques? Open to all abilities.		Yes	Yes	Yes
Sustainable fashion. Love to wear the latest looks? Come along and learn how you can do so in an environmentally friendly way	Yes		Yes	
Tabletop gaming - take a look at a variety of small scale tabletop skirmish games including War Hammer	Yes	Yes		
Tag rugby. Join us for a non-contact team game in which each player wears a belt that has two velcro tags attached to it to play rugby			Yes	Yes
The art of decoupage. Decoupage involves cutting out pictures, gluing them to an object and then coating with layers of varnish. The finished item can look so beautiful that it appears to be professionally painted.	Yes		Yes	
Travel destinations and the arts - a review of amazing European cities and their links to amazing art!			Yes	Yes

Volunteering abroad - thinking of making a difference abroad? Come and discover more about the opportunities available to you			Yes	Yes
Why self doubt is a good thing! How can you build resilience and why are mistakes great for learning?	Yes			Yes
Young Enterprise - join us to hear about the success of our most recent Young Enterprise team & explore the skills you will gain	Yes			Yes